



# FITDS



DISCIPLINA SPORTIVA  
ASSOCIATA RICONOSCIUTA  
DAL CONI

*presenta*

## NATIONAL RIFLE FITDS

### SUNDAY 7 JULY 2024

# match level 3

**n. 12 Esercizi / tot colpi minimi 220**

**Registration Will Open 23/02/24 on Ma.Re Platform**

**EURO 93,50**

***Match Director: Fabrizio PESCE***

## TERNI (TR)

Sito web: [www.fitds.it](http://www.fitds.it)

e-mail: [segreteria@fitds.it](mailto:segreteria@fitds.it)

[Iscrizionegare@fitds.it](mailto:Iscrizionegare@fitds.it)

<b>Contatti:</b>	3925329905
<b>Sito web:</b>	<a href="http://www.fitds.it">www.fitds.it</a>
<b>e-mail:</b>	<a href="mailto:segreteria@fitds.it">segreteria@fitds.it</a> <a href="mailto:Iscrizionegare@fitds.it">Iscrizionegare@fitds.it</a>
<b>Iscrizioni:</b>	via telematica sul sito web: <a href="http://www.fitds.it">www.fitds.it</a> (MA.RE. 2.0 Match Registration);
<b>Munizionamento:</b>	libero a cura del tiratore
<b>Ristorazione:</b>	sul campo è presente un confortevole punto di ristoro;
<b>Regolamento:</b>	FITDS/IPSC rulebook last edition;
<b>Classifiche:</b>	Div. Open, Standard, Standard Manual, Open Manual, come da Reg. Sportivo FITDS;
<b>Premiazioni:</b>	come da regolamento sportivo 2024
<b>Orari</b>	DOMENICA 7 JULY - Start Match ore 08.00
<b>Range Master:</b>	
<b>Range Officer:</b>	a cura S.A.F.R.O.; l'utilizzo di abbigliamento e/o accessori che in qualche modo possono ledere l'immagine della F.I.T.D.S.

## **HOTELS:**

*Hotel MICHELANGELO PALACE - Viale della Stazione 63 - Terni - +39 0744202711*

*Hotel MILLENNIUM - Piazza Dante Alighieri 2/C - Terni -*

*Hotel DEL LAGO - Via del Porto 71 - Piediluco(TR) - +39 0744368450*

*L'ANTICO CASALE - Strada di Moggio 10 Marmore (TR) - +39 3351402593*

*ALBERGO VELINO - Vocabolo Pilastrini 1 - Marmore (TR) - +39 074467425*

*BAD & BREAKFAST "LE MARMORE" - Via Ciro Menotti 24 - Marmore (TR) - +39 3276908599*

## **RISTORANTI**

*Ristorante - Trattoria Da Ersilia - Cascate delle Marmore - Belvedere Superiore Via Conti Menotti 30 (TR)*

*Trattoria Del Buongusto - Via Pietro Montesi 195 - Marmore (TR)*

*Trattoria "I Ribelli Di Campagna" Vocabolo Tiro a Segno 28 (TR)n2*

*Bosco Del Velino - Cascate Marmore 5 (TR)*



## SPONSOR

 **FIOCCHI**

 **Benelli**

*Bignami*  
dal 1939



 **BREDA**

**GHOST**

**TANFOGLIO**

**3GUN**  
ARMERIA

 **ERREDI**

 **BERETTA**

Arsenal  Firearms



**ARMERIA**  
**Fracassi**  
via vigentina 170F - 27100 Pavia  
tel. +39 0382 22364 e-mail: info@fracassiarmeria.it

**DECIMA**  
DIVISIONE  BALISTICA

 **X-RAY** parts.it  
shooting accessories and tactical equipment

*Toni system*  
COMPONENTS

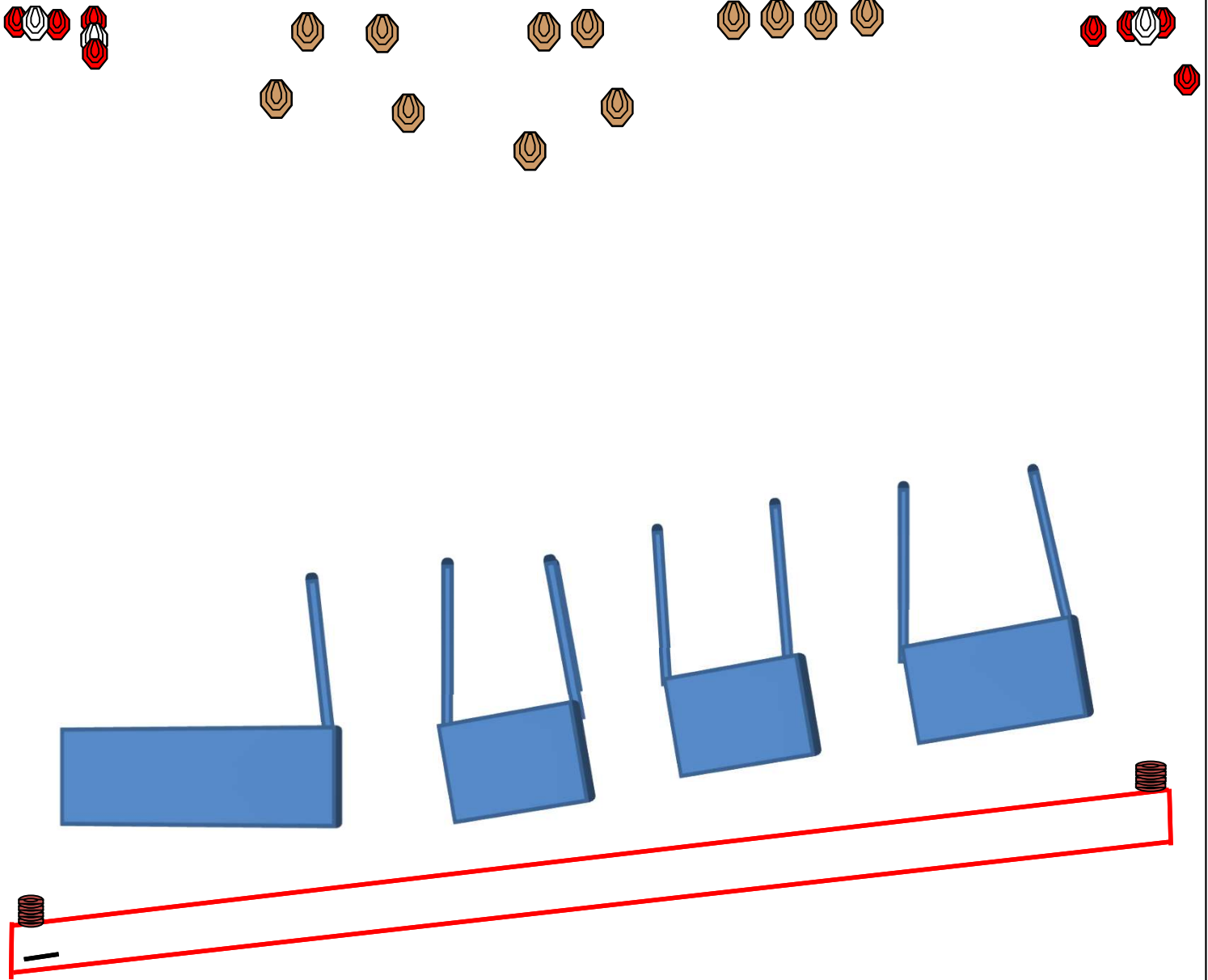
*Paganini*

**Armeria**  
**Piccolo**  
dal 1976

### Match Profile

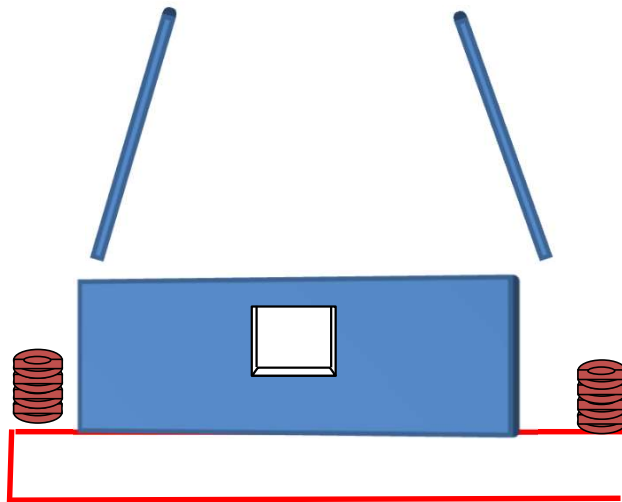
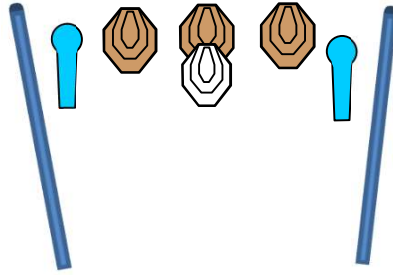
STAGE	EXERCISE TYPE	DISTANCE	IPSC TARGETS	IPSC MINI TARGET	IPSC MICRO TARGET	IPSC MINI POPPERS	PLATES	NO-SHOOTS	ROUNDS	MAX POINTS	STAGE %
1	Long Course		12	0	8	0	0	3	40	200	18,18%
2	Medium Course		7	0	0	6	0	1	20	100	9,09%
3	Long Course		18	0	0	0	4	2	40	200	18,18%
4	Short Course		0	0	5	0	0	2	10	50	4,55%
5	Medium Course		0	0	10	0	0	4	20	100	9,09%
6	Short Course		0	5	0	0	0	2	10	50	4,55%
7	Short Course		0	5	0	0	0	1	10	50	4,55%
8	Medium Course		0	0	10	0	0	3	20	100	9,09%
9	Medium Course		10	0	0	0	0	2	20	100	9,09%
10	Short Course		5	0	0	0	0	1	10	50	4,55%
11	Short Course		0	0	5	0	0	1	10	50	4,55%
12	Short Course		0	5	0	0	0	2	10	50	4,55%
<b>Total</b>			<b>52</b>	<b>15</b>	<b>38</b>	<b>6</b>	<b>4</b>	<b>24</b>	<b>220</b>	<b>1100</b>	<b>100%</b>

## Stage 1:



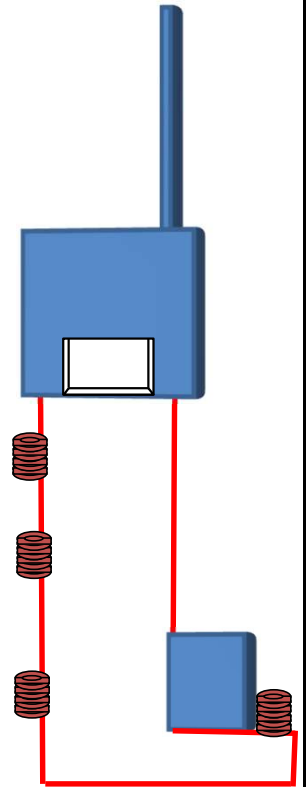
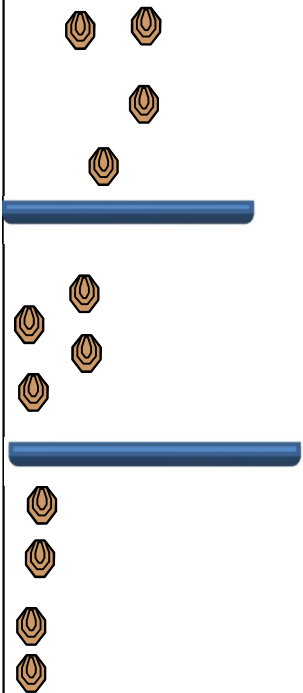
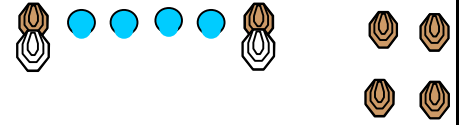
<b>Type:</b>	Long Course	<b>Targets:</b>	
<b>min nr of rounds</b>	40	IPSC Targets	12
<b>Max Points:</b>	200	IPSC Micro Target	8
<b>Distances:</b>	150 metri	IPSC METAL PLATES	0
<b>Start:</b>	Audible Signal	No-Shoots	3
<b>IPSC Mini Targets</b>			0
<b>IPSC Mini Poppers</b>			0
<b>Start Position:</b>	Feet on the marks as shown Standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, trigger guard downwards, muzzle pointing downrange with the fingers outside the trigger guard AS DEMONSTRATED		
<b>THE RIFLE READY COI</b>	Loaded Option 1		
<b>Procedure:</b>	Upon start signal engage the targets		
<b>Design Notes:</b>	only for stage construcion the red IPSC Target are micro target		
<b>Briefing Notes:</b>	The safety angles are 90 lateral and the backstops vertically. Structures are hard cover. The score will be counted during the execution of the exercise, the shooter may delegate other shooter to verify the score counting.		

## Stage 2



<b>Type:</b>	Medium Course	<b>Targets:</b>			
<b>min nr of rounds</b>	20	IPSC Targets	7	IPSC Mini Targets	0
<b>Max Points:</b>	100	IPSC Micro Target	0	IPSC Mini Poppers	6
<b>Distances:</b>	250 metri	IPSC Metal Plates	0		
<b>Start:</b>	Audible Signal	No-Shoots	1		
<b>Start Position:</b>	Standing anywhere standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, trigger guard downwards, muzzle pointing downrange with the fingers outside the trigger guard AS DEMONSTRATED				
<b>THE RIFLE READY CON</b> Loaded – Option 1					
<b>Procedure:</b>	Upon start signal engage the targets				
<b>Design Notes:</b>					
<b>Briefing Notes:</b>	The safety angles are 90 lateral and the backstops vertically. Structures are hard cover. The score will be counted during the execution of the exercise, the shooter may delegate other shooter to verify the score counting.				

### Stage 3:



**Type:** Long Course  
**min nr of rounds:** 40  
**Max Points:** 200  
**Distances:** 230  
**Start:** Audible Signal

<b>Targets:</b>			
IPSC Targets	18	IPSC Mini Targets	0
IPSC Micro Target	0	IPSC Mini Poppers	0
IPSC Metal Plates	4		
No-Shoots	2		

**Start Position:** Standing anywhere Standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, triggerguard downwards, muzzle pointing downrange with the fingers outside the trigger guard AS DEMONSTRATED

**THE RIFLE READY COI LOADED OPTION 1**

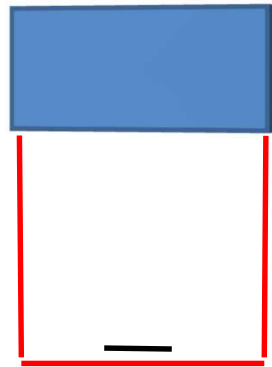
**Procedure:** Upon start signal engage the targets

**Design Notes:**

**Briefing Notes:** The safety angles are 90 lateral and the backstops vertically. Structures are hard cover. The score will be counted during the execution of the exercise, the shooter may delegate other shooter to verify the score counting..

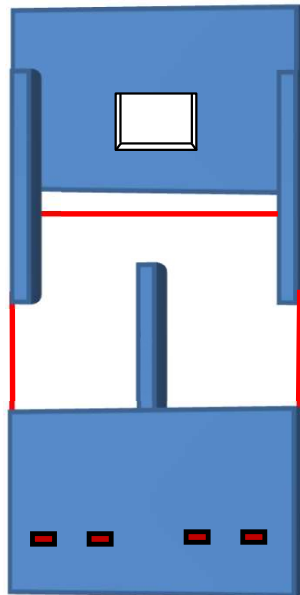
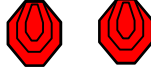
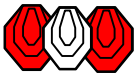


## Stage 4:



<b>Type:</b> Short Course <b>min nr of rounds:</b> 10 <b>Max Points:</b> 50 <b>Distances:</b> 25,00 <b>Start:</b> Audible Signal	<b>Targets:</b> IPSC Targets 0 IPSC Micro Target 5 IPSC Metal Plates 0 No-Shoots 2 IPSC Mini Targets 0 IPSC Mini Poppers 0
<b>Start Position:</b> heels on the marks as demonstrated standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, trigger guard downwards, muzzle pointing downrange with the fingers outside the trigger guard AS DEMONSTRATED	
<b>THE RIFLE READY COI</b>	Loaded Option 1
<b>Procedure:</b> Upon start signal engage the targets	
<b>Design Notes:</b> only for stage construcion the red IPSC Target are micro target	
<b>Briefing Notes:</b> The safety angles are 90 lateral and the backstops vertically. Structures are hard cover. The score will be counted during the execution of the exercise, the shooter may delegate other shooter to verify the score counting.	

## Stage 5:



**Type:** medium cours  
**min nr of rounds** 20  
**Max Points:** 100  
**Distances:** 30 m  
**Start:** Audible Signal

Targets:			
IPSC Targets	0	IPSC Mini Targets	0
IPSC Micro Target	10	IPSC Mini Poppers	0
IPSC Metal Plates	0		
No-Shoots	4		

**Start Position:** Heel on the marks in A e B as shown Standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, triggerguard downwards, muzzle pointing downrange with the fingers outside the trigger guard AS DEMONSTRATED

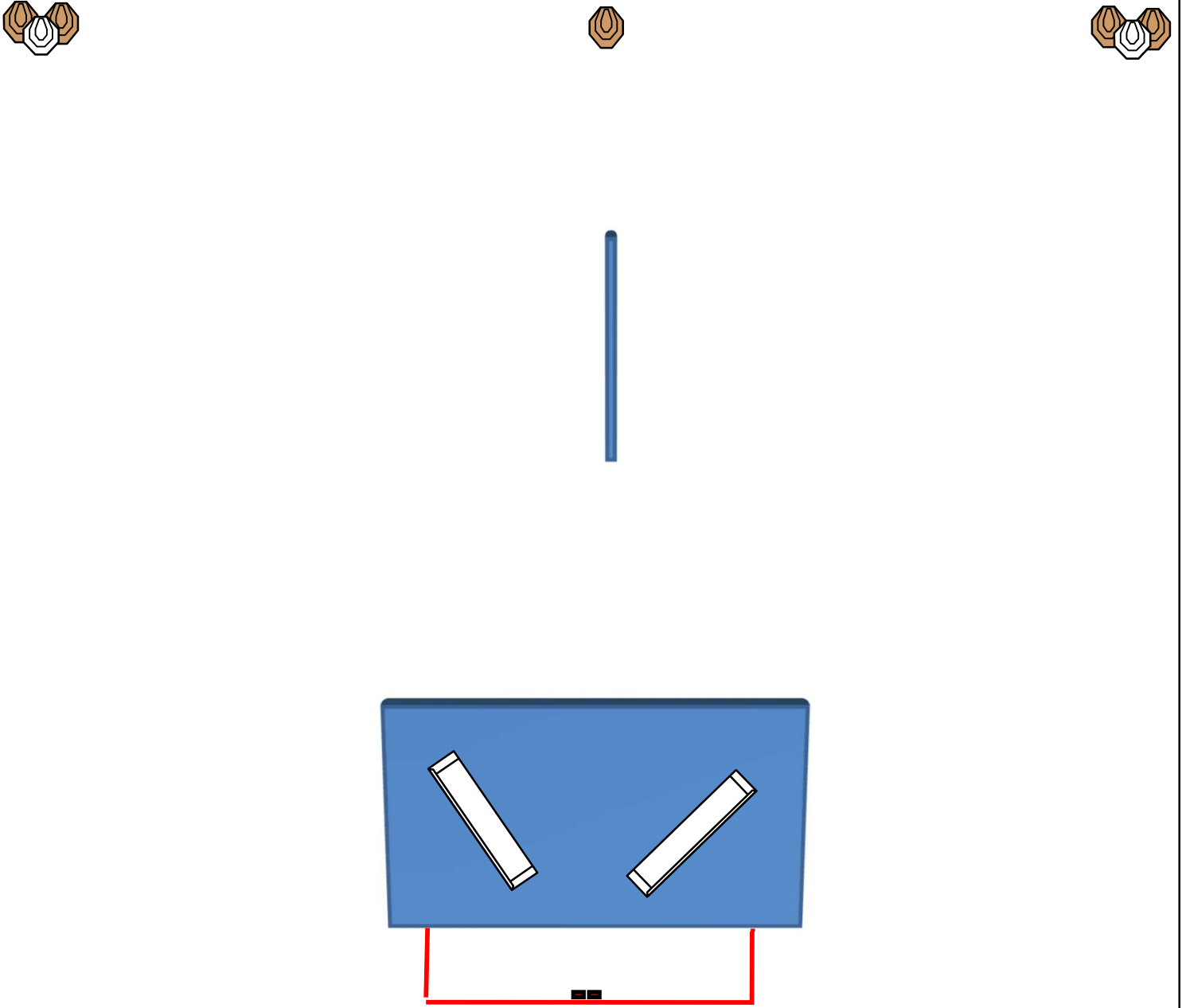
### THE RIFLE READY COI LOADED OPTION 1

**Procedure:** Upon start signal engage the targets

**Design Notes:** only for stage construcion the red IPSC Target are micro target

**Briefing Notes:** The safety angles are 90 lateral and the backstops vertically. Structures are hard cover. The score will be counted during the execution of the exercise, the shooter may delegate other shooter to verify the score counting..

## Stage 6



<b>Type:</b>	Short Course	<b>Targets:</b>	
<b>Rounds:</b>	10	IPSC Targets	0
<b>Max Points:</b>	50	IPSC Mini Targets	5
<b>Distances:</b>	25 metri	IPSC MicroTarget	0
<b>Start:</b>	Audible Signal	IPSC Mini Poppers	0
		IPSC metal plates	0
		No-Shoots	2

**Start Position:** ONE FOOT TOUCHING THE MARK AS DEMONSTRATED, Standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, trigger guard downwards, muzzle pointing downrange with the fingers outside the trigger guard

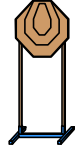
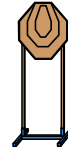
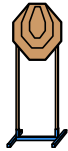
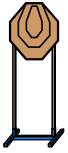
**THE RIFLE READY CON LOADED OPTION 2**

**Procedure:** AT START SIGNAL ENGAGE ALL TARGETS

**Design Notes:**

**Briefing Notes:** The safety angles are 90 lateral and the backstops vertically. Structures are hard cover. The score will be counted during the execution of the exercise, the shooter may delegate other shooter to verify the score counting..

## Stage 7:



<b>Type:</b>	Short Course	<b>Targets:</b>	
<b>Rounds:</b>	10	IPSC Targets	IPSC Mini Targets 5
<b>Max Points:</b>	50	IPSC Micro	IPSC Mini Poppers
<b>Distances:</b>	25 metri	IPSC metal plates	
<b>Start:</b>	Audible Signal	No-Shoots	3

**Start Position:** on the stump AS DEMONSTRATED standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, trigger guard downwards, muzzle pointing downrange with the fingers outside the trigger guard

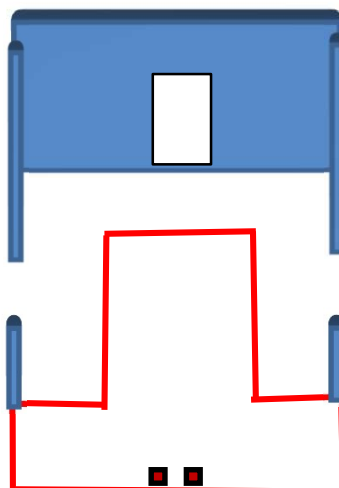
**THE RIFLE READY COI** Loaded - option 1

**Procedure:** AT START SIGNAL ENGAGE ALL TARGETS REMAINING ON THE STUMP

**Design Notes:**

**Briefing Notes:** Safety angles: : ±90° Azimuth, front backstop vertically. Scoring will be taken by shooting. You can have a delegate to check the points.

## Stage 8



**Type:** Medium Course  
**min nr of rounds** 20  
**Max Points:** 100  
**Distances:** 40  
**Start:** Audible Signal

**Targets:**

IPSC Targets	0	IPSC Mini Targets	0
IPSC Micro Target	10	IPSC Mini Poppers	0
IPSC Metal Plates	0		
No-Shoots	3		

**Start Position:** Heels on the marks as demonstrated standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, trigger guard downwards, muzzle pointing downrange with the fingers outside the trigger guard AS DEMONSTRATED

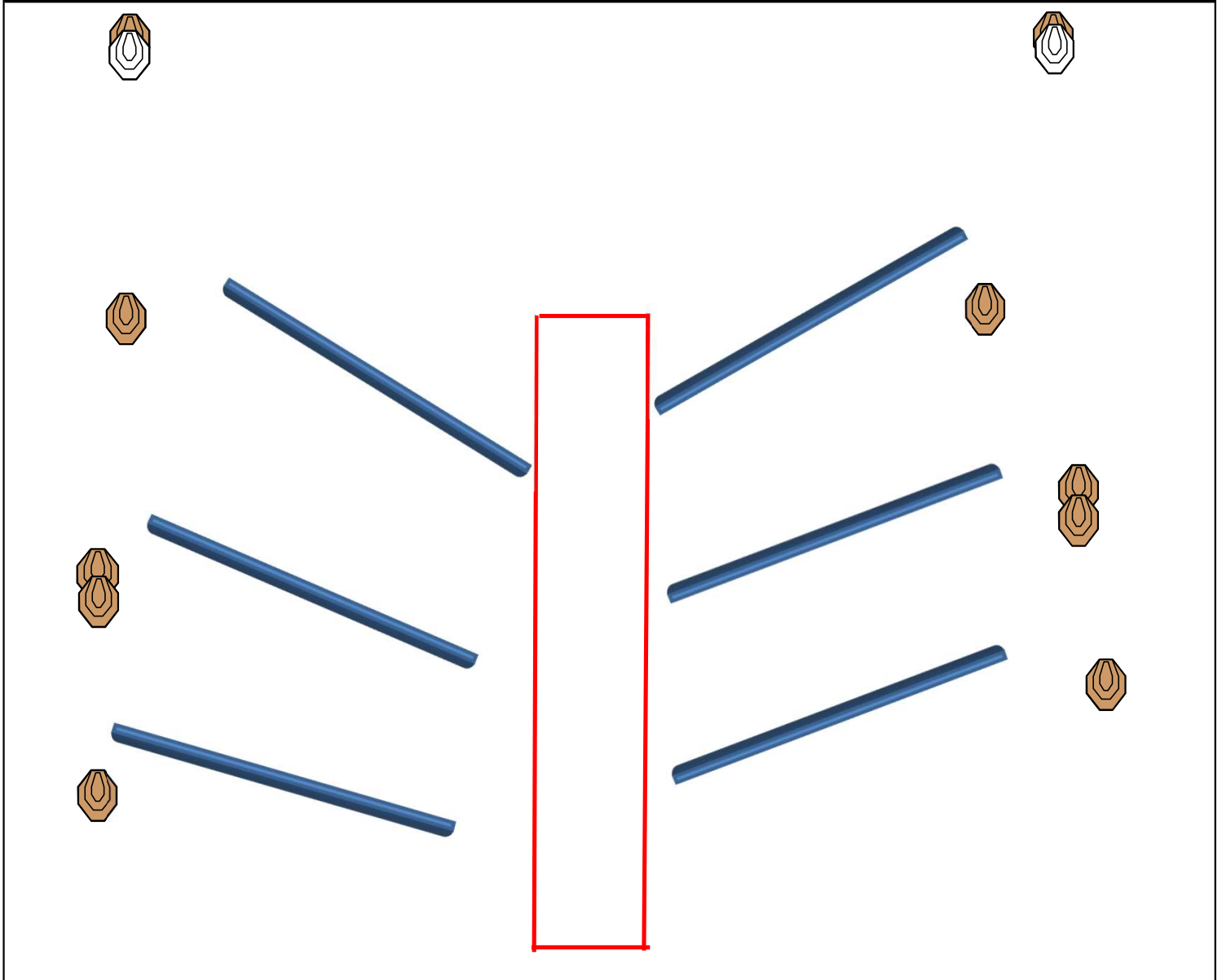
**THE RIFLE READY CON LOADED OPTION 1**

**Procedure:** Upon start signal engage the targets.

**Design Notes:** only for stage construction the red IPSC Target are micro target

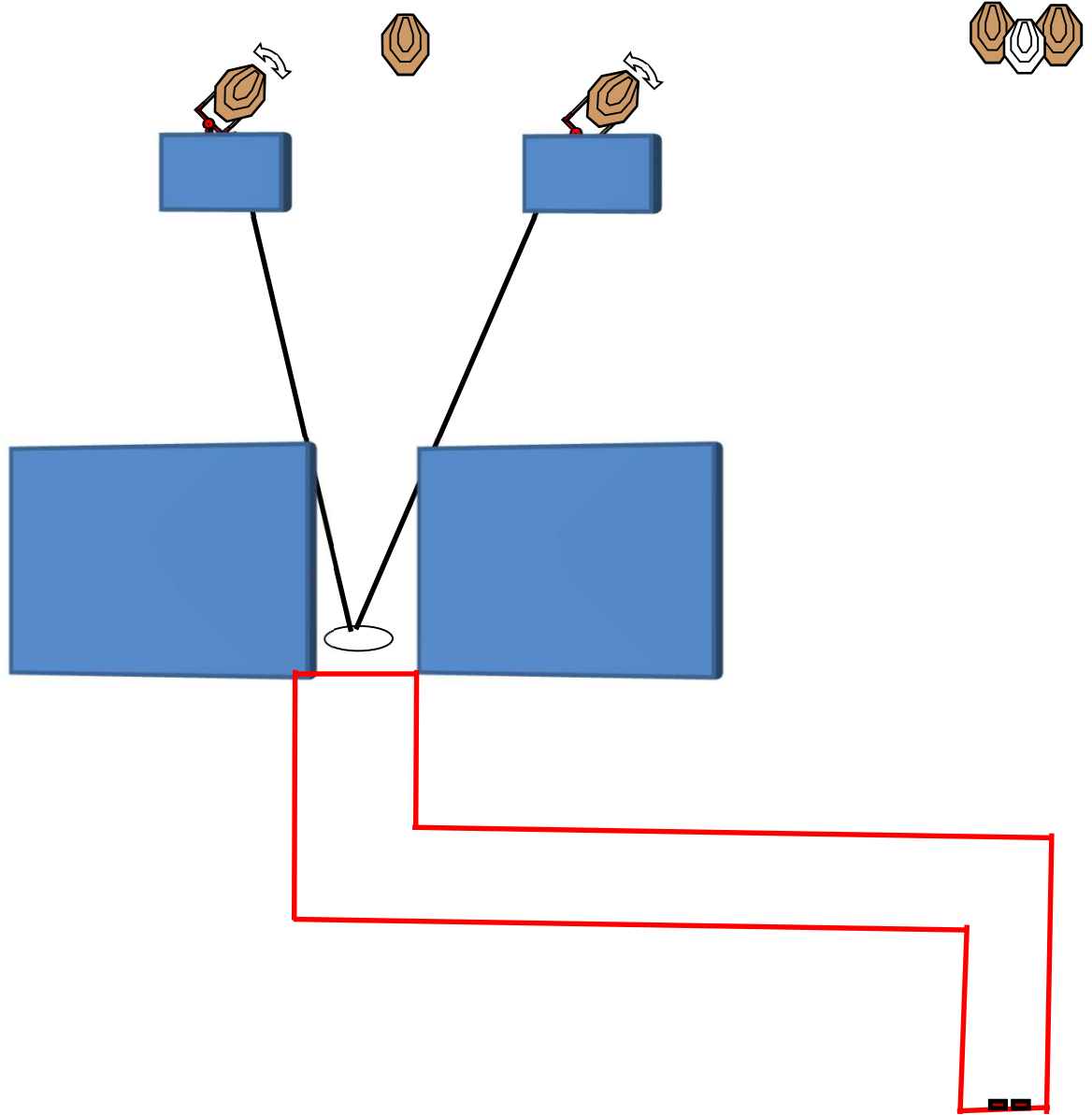
**Briefing Notes:** The safety angles are 90 lateral and the backstops vertically. Structures are hard cover. The score will be counted during the execution of the exercise, the shooter may delegate other shooter to verify the score counting.

## Stage 9:



<b>Type:</b>	Medium course	<b>Targets:</b>	
<b>min nr of rounds</b>	20	IPSC Targets	10
<b>Max Points:</b>	100	IPSC Mini Targets	0
<b>Distances:</b>	30 metri	IPSC Micro Targ	0
<b>Start:</b>	Audible Signal	IPSC Metal Plates	0
		No-Shoots	2
<b>Start Position:</b>	Standing anywhere Standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, trigger guard downwards, muzzle pointing downrange with the fingers outside the trigger guard AS DEMONSTRATED		
<b>THE RIFLE READY CONDITION</b>	LOADED OPTION 1		
<b>Procedure:</b>	Upon start signal engage the targets		
<b>Design Notes:</b>			
<b>Briefing Notes:</b>	The safety angles are 90 lateral and the backstops vertically. Structures are hard cover. The score will be counted during the execution of the exercise, the shooter may delegate other shooter to verify the score counting.		

## Stage 10:



**Type:** Short Course  
**Rounds:** 10  
**Max Points:** 50  
**Distances:** 35 metri  
**Start:** Audible Signal

<b>Targets:</b>	
IPSC Targets	5
IPSC Micro Target	0
IPSC metal plates	
No-Shoots	1

**Start Position:**

heels on the marks as demonstrated standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, trigger guard downwards, muzzle pointing downrange with the fingers outside the trigger guard AS DEMONSTRATED

**THE RIFLE READY COMMAND** Loaded Option 1

**Procedure:**

AT START SIGNAL ENGAGE ALL TARGETS. - Pulling the rope activates IT 1 and IT 3 which will remain visible at the end of the movement

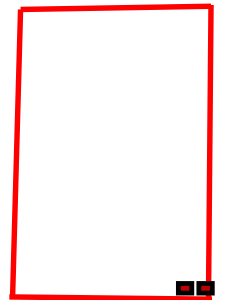
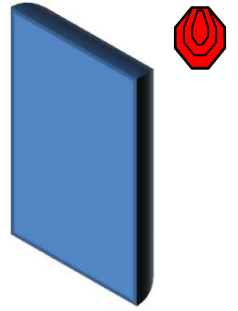
**Design Notes:**

The safety angles are 90 lateral and the backstops vertically. Structures are hard cover. The

**Briefing Notes:**

score will be counted during the execution of the exercise, the shooter may delegate other shooter to verify the score counting

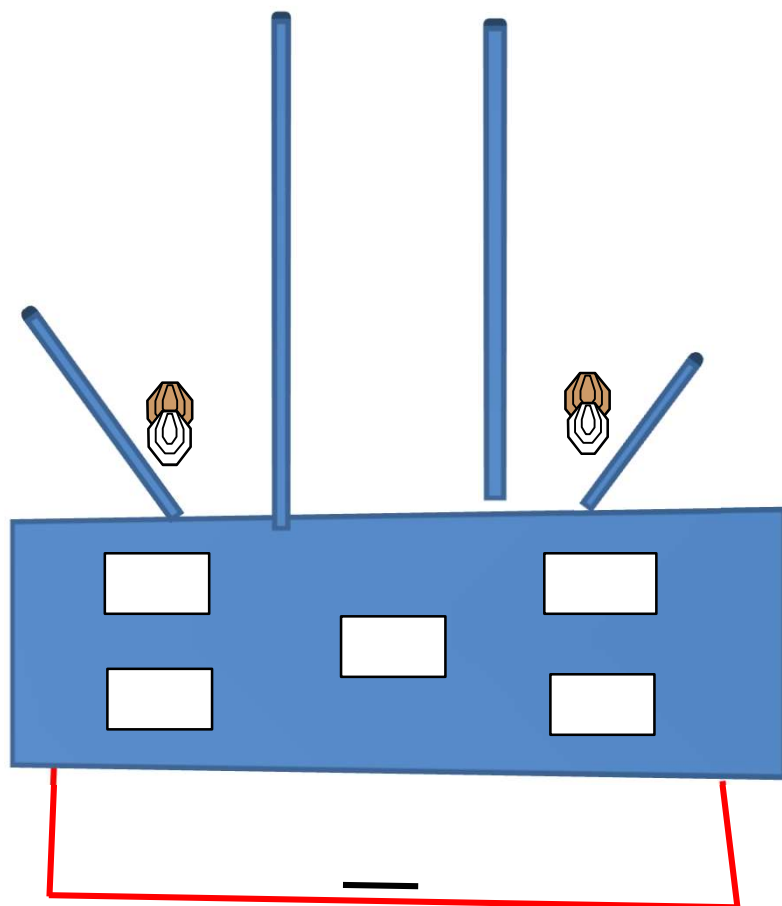
## Stage 11:



<p><b>Type:</b> Short Course</p> <p><b>Rounds:</b> 10</p> <p><b>Max Points:</b> 50</p> <p><b>Distances:</b> 35 metri</p> <p><b>Start:</b> Audible Signal</p>	<p><b>Targets:</b></p> <table style="width: 100%; border: none;"> <tr> <td>IPSC Targets</td> <td></td> <td>IPSC Mini Targets</td> <td>0</td> </tr> <tr> <td>IPSC Micro Target</td> <td>5</td> <td>IPSC Mini Poppers</td> <td></td> </tr> <tr> <td>IPSC metal plates</td> <td></td> <td></td> <td></td> </tr> <tr> <td>No-Shoots</td> <td>1</td> <td></td> <td></td> </tr> </table>	IPSC Targets		IPSC Mini Targets	0	IPSC Micro Target	5	IPSC Mini Poppers		IPSC metal plates				No-Shoots	1		
IPSC Targets		IPSC Mini Targets	0														
IPSC Micro Target	5	IPSC Mini Poppers															
IPSC metal plates																	
No-Shoots	1																
<b>Start Position:</b>	foot on the marks as demonstrated standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, trigger guard downwards, muzzle pointing downrange with the fingers outside the trigger guard AS DEMONSTRATED																
<b>THE RIFLE READY CON LOADED OPTION 1</b>																	
<b>Procedure:</b>	AT START SIGNAL ENGAGE ALL TARGETS																
<b>Design Notes:</b>	only for stage construcion the red IPSC Target are micro target																
<b>Briefing Notes:</b>	The safety angles are 90 lateral and the backstops vertically. Structures are hard cover. The score will be counted during the execution of the exercise, the shooter may delegate other shooter to verify the score counting.																



## Stage 12



**Type:** Short Course  
**min nr of rounds** 10  
**Max Points:** 50  
**Distances:** 45 metri  
**Start:** Audible Signal

**Targets:**

IPSC Targets	0	IPSC Mini Targets	5
IPSC Micro Target	0	IPSC Mini Poppers	0
IPSC Metal Plates	0		
No-Shoots	2		

**Start Position:** heels on the marks as demonstrated standing erect, with the firearm in the ready condition, held in both hands, stock touching the competitor at hip level, barrel parallel to the ground, trigger guard downwards, muzzle pointing downrange with the fingers outside the trigger guard AS DEMONSTRATED

THE RIFLE READY CON OPTION 1

**Procedure:** Upon start signal engage the targets

**Design Notes:**

**Briefing Notes:** The safety angles are 90 lateral and the backstops vertically. Structures are hard cover. The score will be counted during the execution of the exercise, the shooter may delegate other shooter to verify the score counting.